

# Daily Schedule - Women's Program

## SATURDAY

8:00	Wake Up
8:15	Breakfast
9:30-12:00	Building/Grounds Clean-Up
12:00-12:20	Lunch
1:00-3:00	Free Time
2:00-4:00	Visits
3:00-5:00	Phone Calls/Free Time/Recreation
5:00	Dinner
6:25-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:15	Study Hall Break
8:15-9:00	Study Hall
9:00-10:30	Showers/Dorm Life*
	Devotions
10:30	Lights Out

### MEDICATION TIMES

- 8:15-8:30 AM
- 12:15-12:30 PM
- 5:30-6:45 PM
- 9:00-9:15 PM

## TUESDAY-THURSDAY

6:15	Wake Up
6:30	Breakfast
8:00-9:40	Chapel
10:00-11:00	1 <sup>st</sup> Bible Class
11:00-12:00	2 <sup>nd</sup> Bible Class
2:30-1:10	Lunch
1:10-4:00	Work Duty
5:00	Dinner
6:30-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:15	Study Hall Break
8:15-9:00	Study Hall
9:00-9:45	Showers/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

### MEDICATION TIMES

- 6:45-7:00 AM
- 12:50-1:05 PM
- 5:30-6:40 PM
- 9:00-9:15 PM

## SUNDAY

8:00	Wake-Up
8:15	Breakfast
11:00-12:30	Church
1:00	Dinner
2:00-4:00	Visits/Phone Calls/Free Time
6:00-7:30	Church
8:30	Snacks
9:00-10:30	Showers/Dorm Life*
	Devotions
10:30	Lights Out

### MEDICATION TIMES

- 8:15-8:30 AM
- 1:15-1:30 PM
- 8:45-9:00 PM

## FRIDAY

6:15	Wake Up
6:30	Breakfast
8:00-11:00	Chapel
11:00-12:00	1 <sup>st</sup> Bible Class
12:30-1:10	Lunch
1:10-4:00	Work Duty
5:00	Dinner
6:25-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:15	Study Hall Break
8:15-9:00	Study Hall
9:00-9:45	Showers/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

### MEDICATION TIMES

- 6:45-7:00 AM
- 12:50-1:05 PM
- 5:30-6:40 PM
- 9:00-9:15 PM

## MONDAY

7:45	Wake Up
8:00	Breakfast
10:00-11:00	1 <sup>st</sup> Bible Class
11:00-12:00	2 <sup>nd</sup> Bible Class
12:30-1:10	Lunch
1:10-4:00	Work Duty
5:00	Dinner
6:25-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:15	Study Hall Break
8:15-9:00	Study Hall
9:00-9:45	Showers/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

### MEDICATION TIMES

- 8:15-8:30 AM
- 12:50-1:05 PM
- 5:30-6:45 PM
- 9:00-9:15 PM

\*Dorm life is a quiet time spent inside the dorm to write letters home, listen to gospel music, and read the Bible.